

# Peggy Baumgartner



**Peggy Baumgartner** has dedicated her life to training excellence. Her passion for developing people, proven expertise, vast training experience, and engaging style make her the perfect trainer to deliver Performance Coaching's programs to demanding, senior-level audiences.

Peggy's background includes more than 20 years of corporate training experience, an Honours Business degree from Wilfrid Laurier University, post-graduate adult education training, and master certification in dozens of training programs.

Since joining Performance Coaching in 1998, Peggy has delivered hundreds of programs to leading corporations across numerous industries. She consistently receives outstanding reviews, and inspires a deep commitment in those she coaches. She works extensively with the most senior level of organizations, including CEOs and their executive teams. As an advanced level certified TAIS coach, Peggy has driven the development of Performance Coaching's SWOT programs, and has adapted the program to the needs of several major clients.

In addition to her corporate work, Peggy works to prepare Olympic athletes for competition. For the past three Olympic cycles, she has led SWOT Team workshops for the Women's Hockey team heading into the Games, an experience Hayley Wickenheiser described as "the most stressful part of the entire quadrennial"—and one that numerous players have cited as a factor in their gold medal success. In addition, she has applied her own passion for curling to help an elite men's rink prepare for Olympic trials.

Finally, Peggy is a key player in our work with Right To Play—where she has led the adaptation of our Coaching for High Performance program to meet the needs of 15,000 volunteer coaches, and traveled to Rwanda to lead the roll out.

Before joining Performance Coaching, Peggy worked with IBM for thirteen years, where her training and development work won numerous internal awards for innovation.

## WHAT PARTICIPANTS ARE SAYING

*"...dynamic and insightful..."*

*"Peggy is extraordinary"*

*"...inspiring yet practical..."*

*"Peggy was an amazing facilitator.  
Great experience!"*

## PLACES PEGGY HAS COACHED



## SELECTED SPORT CLIENTS

- » Canadian Paralympic Committee
- » Canadian Sport Institute Ontario
- » Hockey Canada
- » Right To Play

## SELECTED CORPORATE CLIENTS

- » CIBC
- » Hydro One
- » National Research Council
- » Queen's University
- » RBC
- » ScotiaBank
- » SickKids Hospital



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